

The Chatham Synagogue Update

March 11, 2011 / Adar II 5, 5771

TCS Event Calendar:

March *and cheese tasting event in April*

SPECIAL YOGA SHABBAT

Saturday March 12, 2011 and Saturday April 16, 2011

Yoga - 8:15 AM to 9:20 AM

Service Starts at 9:30

The Chatham Synagogue

We will once again enjoy a special 'Yoga Shabbat'. Our Yoga Shabbat brings together two approaches to connecting to G-d, engaging all the powers of the body, mind and soul. The Yoga portion accomplishes this through Yoga postures (asanas), focused breathing and mindfulness; the Service itself achieves this through prayer, chanting, meditation. The Yoga Shabbat has been an ongoing endeavor of Jamie Stiller and Larry Machiz. Jamie will lead the Yoga portion and Larry will lead the service. Yoga participants should wear loose clothing that does not inhibit movement. Bring yoga mats, blankets, straps.

FILM: HOLY ROLLERS (Note: This is a change)

Saturday, March 12, 2011

7:30 PM

At The Chatham Synagogue

The film is inspired by the incredible true story of Hasidic Jews who smuggled Ecstasy in the late '90s. Jesse Eisenberg plays Sam Gold, an insulated young Hasid, destined for an arranged marriage and rabbinical studies. When Sam is presented with an opportunity to make money smuggling Ecstasy between Amsterdam and New York City, he cautiously accepts and quickly finds himself seduced by the allure of the secular world. Caught between life as a smuggler and the path back to G-d, Sam and his worlds begin to unravel.

\$5. donation requested.

Weekly Parsha

Friday, March 11:

Candle Lighting time: 5:37 pm

Saturday March 12:

Yoga: 8:15

Services: 9:30 am

Shabbat ends at 6:38 pm

Vayikra

Leviticus 1:1 - 5:26

Parashatt Vayikra describes five different kinds of sacrifices to be offered in the sanctuary. They are the *olah*, or "burnt offering;" the *minchah*, or "meal offering;" the *zevach shelamim*, or "sacrifice of well-being;" the *chatat*, or "sin offering;" and the *asham*, or "guilt offering." The manner in which each offering is made is described in detail.

For a commentary on the Torah portion for this week go to this link:

[Vayikra](#)

Special Mazel Tov!

Natasha & Avi Dresner are very happy to announce the birth of their son, Lev Harry, who is named for Natasha's and Avi's grandfathers, respectively. He was born at 11:25 am on Tuesday March 8th, eight days early as a result of a medically necessary induction and almost exactly 24 hours after Natasha & Avi arrived at the hospital. He tipped the scales at 8 lbs 6 oz and measured 21 inches long. Fortunately, he has his mother's long legs and arms and alas, his father's nose and lips. His IQ is 163 (give or take a few points). Both Natasha and the baby are doing well.